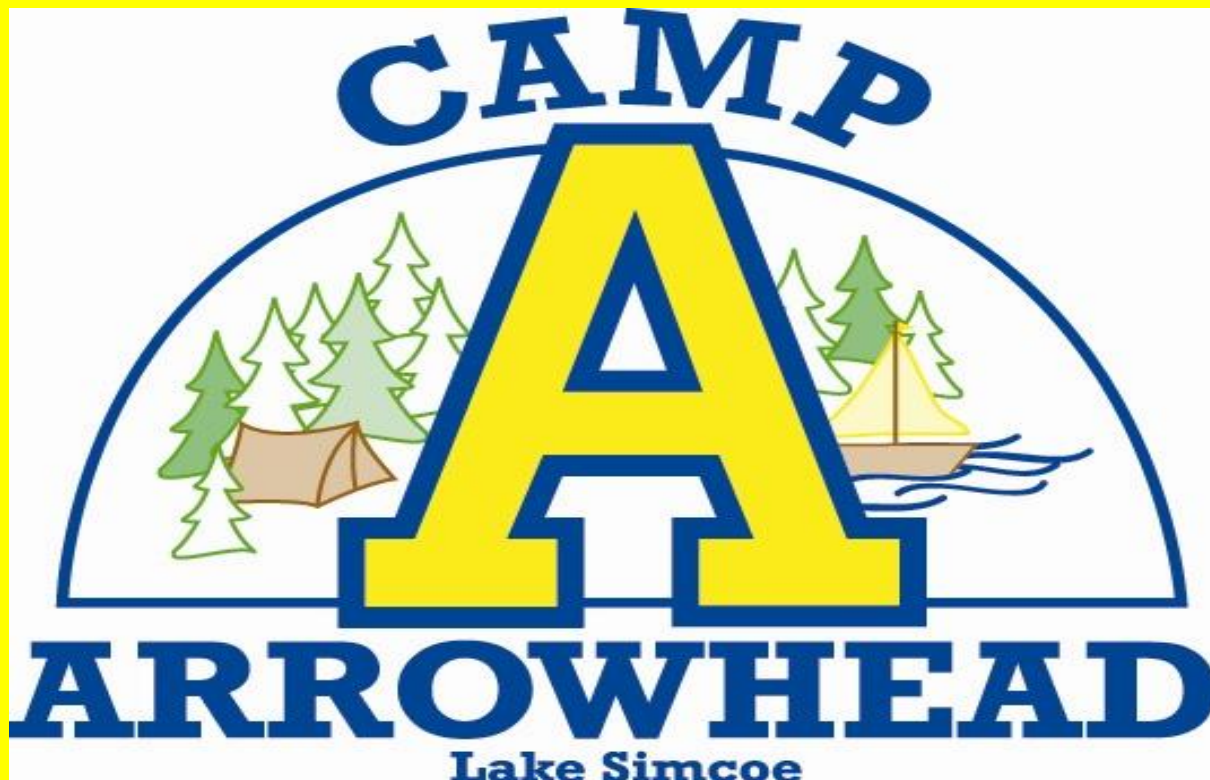


# PARENT HANDBOOK 2024



*So Much More in '24!*



**Welcome to Camp Arrowhead's 68th summer! We can't wait to welcome everybody back to the shores of Lake Simcoe.**

**This guide will help you navigate all things Arrowhead for the upcoming summer.**

**Please read through the guide carefully and completely (we know there's A LOT of information). Look out for helpful links!**

**If you have any questions, do not hesitate to reach out by email:**

**[director@camparrowhead.ca](mailto:director@camparrowhead.ca)**



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## Campbrain Camper Profile:

Please return to your [Campbrain Camper Profile](#) and ensure that all required information has been submitted, especially your Medical Form, which MUST be submitted no later than one week prior to your camp start date.

- |                                                                                                        |                 |
|--------------------------------------------------------------------------------------------------------|-----------------|
| ▪ Medical Form                                                                                         | TO BE COMPLETED |
| ▪ Waivers & Agreements                                                                                 | SUBMITTED       |
| ▪ Cabin Placement and Swim Information                                                                 | SUBMITTED       |
| ▪ Bus Stop and Pick-up Authorization Form<br>(all campers complete - even if they do not take the bus) | SUBMITTED       |



## Who's Minding the Store in '24:

We are proud of our strong leadership team for the upcoming summer:

Director:	Lawrence Axmith
Assistant Director:	Chanan Niss
Program Director:	Seth Unger
Waterfront Director:	Corey Wachtel
Chickadees Section Head:	Izabella Wise
Sparrows Section Head:	Cole Unger
Hawks Section Head:	Daniel Fawcett
CIT Director:	Ieuan Phillips
Office Manager:	Duncan Johnson-Ferguson



## What's the 4-1-1? General Information

### What is the camp address and phone number?

684 The Sixth Line, Innisfil, Ontario, L9S 4R6 (at the 6th line & the lake!)

Monday-Friday, 8:30am-5:00pm: (705) 456-2938

After Hours (Director): (647) 223-2743

### When is drop off and pick up?

Drop Off: A.M. drop off is between **9:15-9:30 a.m.**

Pick up: P.M. pick up is between **4:00-4:15 p.m.**

**Chickadees Under 4:** Drop off is the same as above. Pick up is from the walking gate at **12:30pm.**

Please see the Drop-Off/Pick-Up page (Page 9) for more details.

### What if we are late in the morning dropping off at camp? / What if I need to pick up my camper(s) early?

Please call/check-in at the camp office to let us know that you have arrived at camp. A staff member will come to pick-up your child. In order to minimize disruption to the camp day, parents are asked to let the office know (on the particular day) their intent for early pick up. Early pick-ups must be occur before 3:30pm each day.

### What if my camper(s) will be absent from camp?

Please inform the email [campoffice@camparrowhead.ca](mailto:campoffice@camparrowhead.ca) if you know in advance, or by phone in the morning. We practice a safe arrival procedure to check in with any absent campers' families by 11am. If your camper rides the bus, please also be sure to inform the bus captain.

### Can I drop off and pick up by boat?

Yes! Campers love it! Please see the Drop-Off/Pick-Up page 9 for details.

### What if someone else needs to pick up my campers?

We ask that parents advise us by email ([campoffice@camparrowhead.ca](mailto:campoffice@camparrowhead.ca)) of any non-parents/guardians who have your permission to pick up your campers.



## What's the 4-1-1? General Information cont'd

### Can I give my camper permission to walk home at the end of the day?

We request you let us know by email ([campoffice@camparrowhead.ca](mailto:campoffice@camparrowhead.ca)) that your child is allowed to walk home at the end of the camp day from camp or the bus stop

### I have to drop something off to my child. How can I do this?

You can drop off at the office. If the office is unattended, there will be a drop-off area on the front step. Please ensure the item is labeled clearly with your child's name.

### How many periods are there a day?

There are 6 periods a day. Cabins rotate through the following activities each session: A&C, pottery, landsports, pickleball, volleyball, sail, canoe, kayak, water ski, water trampoline, drama, dance, music, stand-up paddle board, and pontoon. Campers will also have an instructional swim period every regular camp day. A free swim period is also offered on certain days.

### How are Cabins determined?

Campers are placed in cabins according to age and /or school grade completed. Some cabins have mixed ages, depending on enrollment.

### What happens on rainy days?

Rain or shine, camp is in session! We will be outdoors as much as possible. Please dress your camper appropriately. We do have covered spaces when needed.

### Are there special days at camp?

Every day at Arrowhead is special! But yes, there are theme weeks, and dress up days, and community days. See our calendar on Page 14 for an overview!



## Packing List

This checklist will help you pack your camper's backpack for each camp day. It is very important that your child arrives each day with all the items on this checklist to ensure full participation in camp activities.

- Insulated Lunch Bag with Ice Pack (including 2 snacks and lunch, if not ordering).
- Refillable Water bottle
- Sunscreen (min SPF 30) / Hat
- Lifejacket (if preferred, we have plenty for everyone)
- 2 Bathing Suits
- 2 Towels
- Water Shoes (mandatory!)
- Running/Closed-toe Shoes
- Sweatshirt/hoodie

In order to reduce the amount of lost and found generated at camp, please clearly label all articles with the camper's name using a label or indelible marker.

Counsellors may label any unmarked items with a sharpie.

We will be donating any lost and found left over after each session.





## [Drop-Off / Pick-Up](#)

[Drop-Off Time:](#) 9:15-9:30am

[Pick-Up Time:](#) 4:00-4:15pm

[Chickadees Under 4 Pick-Up Time:](#) 12:30pm (Walking Gate)

### [How To Drop Off & Pick Up Your Camper by walking/biking](#)

All campers arriving/leaving camp on foot or by bike are to enter/exit the campgrounds through the Walking Gate at the end of the 6th Line. Counsellors will be there to greet your children and walk them into camp.

### [How To Drop Off & Pick Up Your Camper by Car](#)

If you do not live close enough to camp to walk/bike, please park your car along the 6th line (pull over as far as you can) west of Point Place (look for our flag!). Be sure not to block any driveways! Escort your campers to the Walking Gate at the end of 6th Line. Counsellors will be there to greet your children and walk them into camp. If you prefer to “kiss and ride”, you may pull up to the intersection of 6th Line & Houston for a quick ‘stop & drop’. Staff members will be on the road to escort your campers from the road to the Walking Gate and into camp. Cars must exit by turning left and continuing along Houston (no U-turns allowed!).

### [How To Drop Off & Pick Up Your Camper by Boat](#)

If you are dropping off your camper by boat, please be patient as we can only accommodate one boat at the dock at a time. Wait a good distance from the dock in your boat until signalled to approach by a staff member on the dock. Campers **MAY NOT** disembark from your boat onto the camp dock without a staff member present.

If you are picking up by boat, please call the office 705-456-2938 by 3:30pm so we can inform our staff and have your camper(s) ready and waiting down by the dock. Again, please be patient as we can only accommodate one boat at the dock at a time and watch your wake on departure!



## [Camp Arrowhead: Just a bus ride away!](#)

We are excited to once again to offer bussing this summer to share our amazing camp with campers in the city!

Staff members will accompany campers each day on the bus and each bus will have a designated captain. Staff are there to engage and care for the children on the bus ride. Although we encourage social interaction, if parents wish, campers can bring items to help entertain themselves on the bus ride (books, activities, personal devices, etc.). When the campers arrive at camp, the bus captain will collect these items in the bus bag and store them in the camp office safely during the camp day. The items will be returned to the campers when they board the bus in the afternoon. Please be sure to label any items sent to camp.

A separate bus letter will be issued to bus campers' families a week prior to each session with detailed information.

Busses depart promptly at 8:15am enroute to camp, and at 4:15pm from camp to return to the city.

If you have any bussing related questions, please contact our Camp Director.

**South Bus:** Faywood ABC, 95 Faywood Blvd, Toronto Pick-up 8:15am sharp Drop-off 5:15pm approx

**North Bus:** Bathurst St./Rutherford Rd. Plaza (laneway behind What a Bagel), 9360 Bathurst Street, Thornhill  
Pick-up 8:15am sharp Drop-off 5:00pm approx



## Let's Do Lunch!

Our popular and healthy-option lunch order program will return this year! Campers may opt in for any or all of the days. All lunches come with a juice box. A lunch order form will be sent to parents two weeks prior to the start of each session and must be submitted by the stated deadline for orders to be fulfilled. See below for the link to the Session 1 order form.

Monday: Macaroni & Cheese / *NEW*: Chicken Nuggets

Tuesday: Grilled Cheese / Beef Burger

Wednesday: Penne Butter / Penne Tomato / Penne Rose

Thursday: Kosher Hot Dog & Potato Chips

Friday: Pizza

**SESSION 1 PARENTS ONLY!**

**(Campers starting camp on July 1)**

Click Here to Order Lunch: [\*\*2024 Session 1 Lunch Form\*\*](#)



# Let's Bring Lunch!

**Camp Arrowhead is an allergy sensitive and aware environment.**

Read Labels Carefully. Check all ingredients. When in doubt, leave it out!

For more information check out [www.foodallergycanada.ca](http://www.foodallergycanada.ca)

## **Waste-free Lunch Guidelines**

A waste free lunch contains no throwaway packaging. Food and drinks are packed in reusable containers within a lunch bag or box. All containers are re-sealable, so that leftover food and drink can be consumed (or composted) later.

Camp Arrowhead tries to practice a 'boomerang' lunch program (all uneaten food and waste materials are returned home) which reduces waste and minimizes our environmental impact.

## **Other lunch tips!**

Be sure to pack lunches with a small ice pack or in a sealed lunch container. Please label all food containers and water bottles.

There are two designated snack times during the day. If your child takes the bus to camp, please send them an additional snack for the way home. For younger campers, it is helpful to label the end of the day snack!



# Bronze Levels Swim Opportunity - Hawks/CITs

We are excited to offer Bronze Swim courses again this summer, under the supervision of our Head of Waterfront, Corey Wachtel. The course will be offered twice this summer: Course 1 for Hawks/CITs campers attending Sessions 1 & 2 and Course 2 for Hawks/CITs campers attending Sessions 3 & 4. Your camper must be attending for the two consecutive sessions listed above to be eligible.

Campers enrolled in the course are committed to dedicating the time and focus required. This is a physically intensive course, as well as being intensive in first aid knowledge. Campers are required to swim everyday and to complete the "book work" required by the course at camp and on their own time.

Successful completion of the course is dependent on the camper's ability to perform throughout the course, and they must pass the instructor evaluation before continuing on to the exam.

To enroll your Hawk or CIT camper in this course, you MUST complete the **[Bronze Participation Form](#)** no later than June 27 for Course 1 (Sessions 1 & 2) and no later than July 25 for Course 2 (Sessions 3 & 4).

- Eligibility:
- Campers aged 10+ who have completed Rookie/Ranger/Star Patrol are eligible for Bronze Star
  - Campers aged 12+ with required skill level (to be assessed) are eligible for Bronze Star
  - Campers aged 12+ who have completed Bronze Star are eligible for Bronze Medallion
  - Campers who have completed Bronze Medallion are eligible for Bronze Cross



# CAMP CALENDAR (click to download)

Sunday June 30  
Meet the Staff  
1:00-2:00pm



## CAMP ARROWHEAD SUMMER '24 CALENDAR



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
SESSION 1, WEEK 1 THEME: AROUND THE  <i>July</i>	FIRST DAY! CANADA DAY - WEAR YOUR RED & WHITE	1	2	3	4	5	DRESS UP DAY: NATIONAL PRIDE	
SESSION 1, WEEK 2 THEME: OUTER SPACE 	8	9	CIT TRIP 	10	11	12	DRESS UP DAY: OUT OF THIS WORLD!	
SESSION 2, WEEK 1 THEME: HALLOWEEN 	15	16	17	18	19	20	COMMUNITY EVENT: ONEG SHABBAT	
SESSION 2, WEEK 2 THEME: ANIMAL WEEK 	22	23	CIT TRIP HAWKS BEACH DAY COMMUNITY EVENT: CHICKADEES/SPARROWS: FAMILY CAMP DAY 	24	25	26	DRESS UP DAY: CUTE CRITTERS!	
SESSION 3, WEEK 1 THEME: VIVA LAS VEGAS 	29	30	31	<i>August</i> AUGUST 1	2	3	COMMUNITY EVENT: STAFF/PARENT BASEBALL GAME 	
SESSION 3, WEEK 2 THEME: OLYMPICS 	COMMUNITY EVENT: AGH- 9:45AM 	5	6	7	8	9	DRESS UP DAY: SPORTS FANS! CIT TRIP 	
SESSION 4, WEEK 1 THEME: SURVIVOR WEEK TIE DYE WEEK (BRING T-SHIRT) 	12	13	14	15	16	17	DRESS UP DAY: CONTESTANT COLOURS TBD	
SESSION 4, WEEK 2 THEME: SPIRIT WEEK (DRESS UP EVERYDAY) 	BACKWARDS DRESS UP DAY	PAJAMA DRESS UP DAY	19	20	21	22	23	CIT TRIP  HAWKS BEACH DAY CHICKADEES/SPARROWS ROCK OUT WITH SONSHINE & BROCCOLLI ROCK STAR DRESS UP DAY COMMUNITY EVENT: SWIM THE LAKE UNDER THE SEA DRESS UP DAY
							ARROWHEAD GEAR DRESS UP DAY COMMUNITY EVENT: CLOSING CEREMONY 	



## Community Events (detailed information will be provided closer to each event)

- SUNDAY, JUNE 30, 1-2pm: MEET THE STAFF! Come by for a pre-camp visit. New campers (and their families) especially encouraged. Ice Cream Truck!!
- FRIDAY, JULY 19, 3-4pm: ONEG SHABBAT! Join us for a camp-style service to welcome shabbat.
- WEDNESDAY, JULY 24, 12:30-3:30pm: Chickadees/Sparrows families are invited to spend the afternoon with their campers at camp. Join us for special activities, including a visit from Zootek! Order or bring your lunch!
- WEDNESDAY, JULY 31, 5:30-7:30pm: STAFF vs. PARENTS BASEBALL GAME. The tradition continues! Ice Cream Truck!!
- MONDAY, AUGUST 5, 9:45-11am: ANNUAL GENERAL MEETING
- THURSDAY, AUGUST 22, time tbd: SWIM THE LAKE!
- FRIDAY, AUGUST 24, 7:30-9pm: CLOSING CEREMONY!  
Celebrate the achievements of our campers and send off summer with the Burning "A"!



# Security Update

Camp Arrowhead is built on the foundation of a strong Jewish community and the recent rise in anti-semitism is a cause for concern with regards to the safety and security of our campers, staff, campsite, and community.

In accordance with recommendations shared by the UJA and the OCJC Security committee, and in consultation with the Ontario Camps Association Jewish Community Camps and Support panel, Camp Arrowhead has implemented the following best practices:

- New monitoring systems, including security cameras, motion sensor lighting, and an enhanced camp-wide PA system
- Partnership with local Simcoe County Police to include communication, consultation, and higher visibility/presence on-site; particularly at pick-up, drop-off and during community events
- Staff training provided by South Simcoe Police Community Unit during pre-camp
- Enhanced camp-wide emergency procedures
- Update Visitors Policy (see next page)

Our Security Plan will continue to evolve during the course of the summer, but its purpose will always be to ensure the safety of our campers and staff, which has always been our foremost concern.

If you have any questions regarding camp safety/security, please contact Lawrence: [director@camparrowhead.ca](mailto:director@camparrowhead.ca)





## Visitors Policy Update

When campers are on-site, all visitors to camp, including, but not limited to: parents/family members, vendors, workers, alumni, and special invited guests are required to register at the office and obtain a visitor's pass, which must be worn visibly at all times while on camp property and returned upon departure.

No visitors may arrive by watercraft at any time and boaters are required to keep a reasonable distance from the waterfront when campers are active on the lake.

There are no visitors permitted on-site after camp hours unless express permission has been granted. The South Simcoe Police has been granted the authority to enforce the Trespass to Property Act in the absence of a Camp designate.

Community Events may require registration.

Cooperation across our community is the key to keeping our camp and campers safe. Thank you in advance for your cooperation!

If you have any questions regarding camp safety/security, please contact Lawrence:  
[director@camparrowhead.ca](mailto:director@camparrowhead.ca)



# ARROWHEAD APPAREL (click image to order)

## SCHOOLTEE **ARROWHEAD** 2024 CAMP WEAR

ORDER YOUR CAMP APPAREL ONLINE @ **SCHOOLTEE.COM**

STEP 1

- Input Camp Access Code

STEP 2

- Choose desired garment(s) / Add to cart

STEP 3

- Go to cart to checkout

- Complete the prompted "Create an Account" steps to continue to checkout & input payment details.

- Email receipt upon successful order completion

Enter Your Camp's Access Code to View Products

Access Code: **ARRO.INN**

\* Please note website compatible with Google Chrome or Firefox browsers  
\*CHECK SIZES CAREFULLY! WE CAN NOT REPLACE SIZING MISTAKES\*



All garments are screen printed with your Camp Logo

Online Orders Due:

June 24, 2024 for July 4th delivery

July 7, 2024 for July 12th delivery

August 4, 2024 for August 13th delivery



\$18.95

YOUTH

\$20.95

ADULT

**Unisex T**

Black, Forest Green, or Dark Heather Grey

Sizes: YXS to YXL / AS to A3XL

\*add \$2 extra for 2XL & 3XL\*



\$43.95

YOUTH

\$46.95

ADULT

**Pullover**

Black, Forest Green or Dark Heather Grey

- Lake Simcoe included down arm

Sizes: YS to YXL / AS to A2XL

\*add \$2 extra for 2XL\*



NAME

Name Back

\$6.95ea

**Additional Options**



\$36.95

YOUTH

\$38.95

ADULT

**GILDAN Sweatpants**

\* No pockets

Black

Sizes: YS to YXL / AS to A2XL

\*add \$2 extra for 2XL\*



\$38.95

YOUTH

\$40.95

ADULT

**ATC Sweatpants**

\* With pockets

Black

Sizes: YS to YXL / AS to A2XL

\*add \$2 extra for 2XL\*



160 Melair Dr. Ayr, ON N0B 1E0

E-mail: [info@schooltee.com](mailto:info@schooltee.com)

Phone: 1-800-463-5050

Fax: 1-877-972-2222

Web: [www.schooltee.com](http://www.schooltee.com)

(F-5C)

Plus applicable tax on all garments



**On the next page you will find the expectations of a Camp Arrowhead camper.**

**These expectations are the basis of our Code of Conduct or the “Arrowhead 10 Commandments”. Even if your child has been at Arrowhead for many years, please take some time to review and discuss these with your camper(s) prior to this summer.**



## Code of Conduct: The Arrowhead 10 Commandments

1. I will participate in all camp programs to the best of my ability
2. I will use appropriate language.
3. I will respect my cabin mates and counsellors.
4. I will care for my belongings, camp property and equipment.
5. I will be an inclusive member of my cabin grouping, unit and the Arrowhead community.
6. I will follow camp safety rules.
7. I will wear a hat, sunscreen and appropriate footwear each day.
8. I will wash my hands frequently, especially when eating and using the bathroom.
9. I will leave all electronics (including phones) at home or in the bus bag.
10. I will have fun, be a good sport and have a positive attitude.

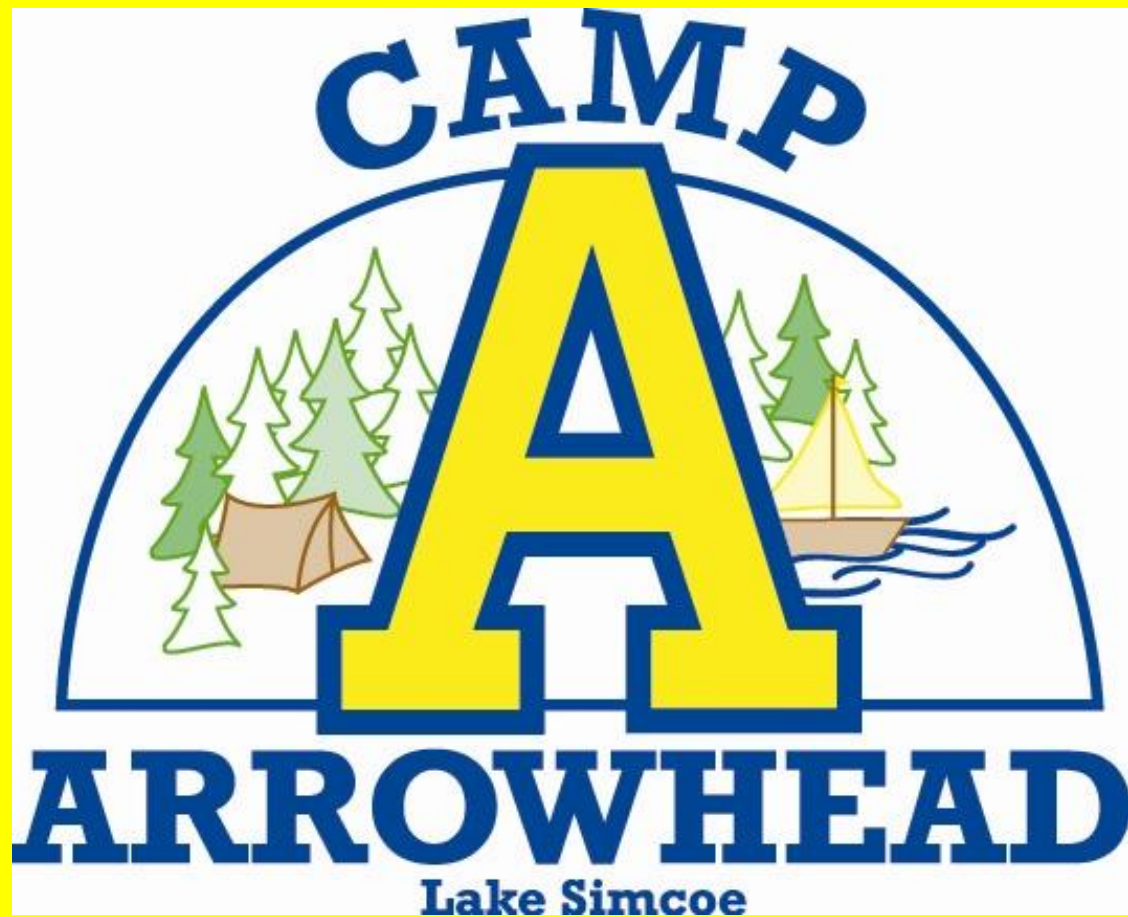


## Camper Briefing Request Form

You may request a conversation with our Camp Directors prior to the beginning of your child's first session at camp to share any concerns or ask any questions.

Please complete the linked form to request a camper briefing with Lawrence or Chanan.

**[Camper Briefing Request Form](#)**



*So Much More in '24!*