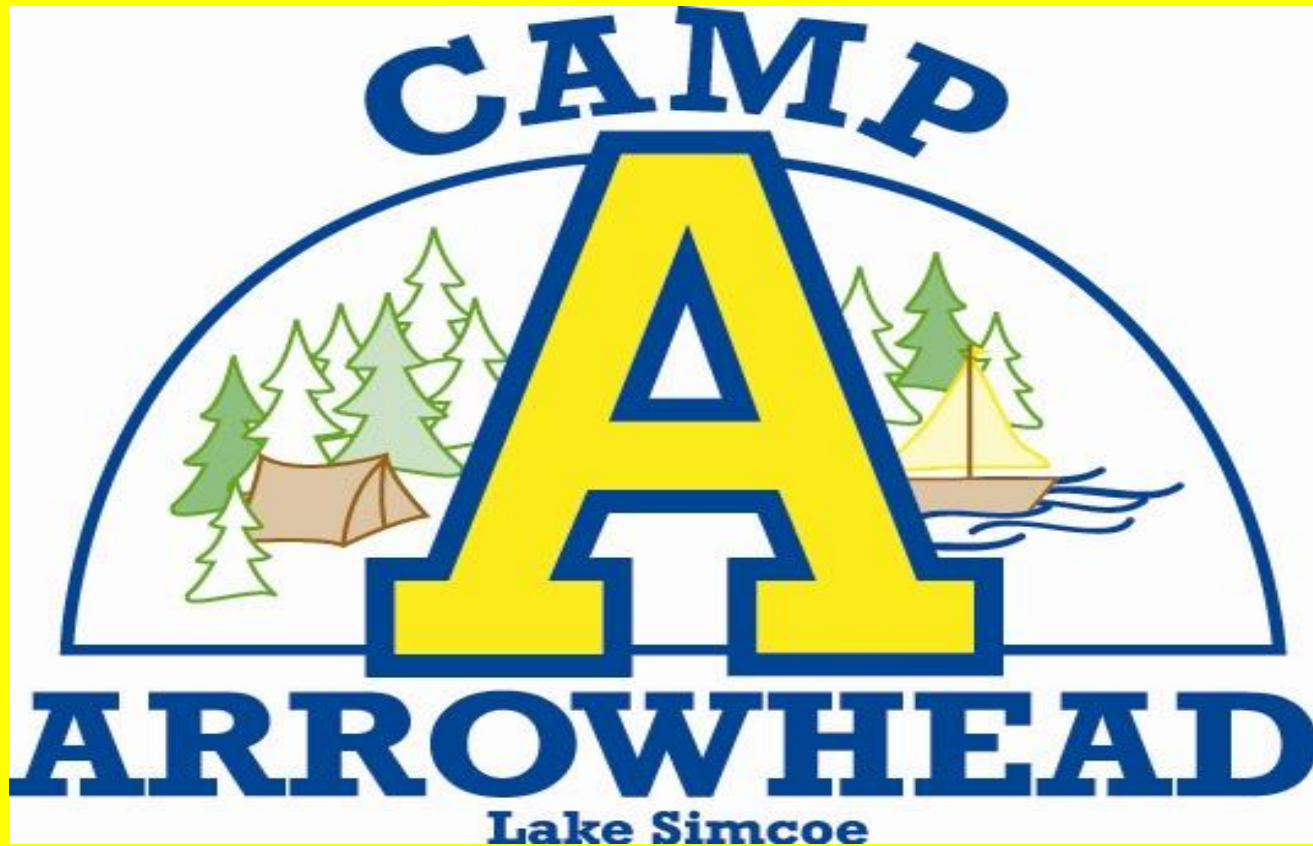


PARENT HANDBOOK 2022





Welcome to Camp Arrowhead's 66th summer! Perhaps more than any other summer before, we can't wait to welcome everybody back to the shores of Lake Simcoe. On the next page you will find the expectations of a Camp Arrowhead camper.

These expectations are the basis of our Code of Conduct or the "Arrowhead 10 Commandments". Even if your child has been at Arrowhead for many years, please take some time to review and discuss these with your camper(s) prior to this summer.



Code of Conduct: The Arrowhead 10 Commandments

1. I will participate in all camp programs to the best of my ability
2. I will use appropriate language.
3. I will respect my cabin mates and counsellors.
4. I will care for my belongings, camp property and equipment.
5. I will be an inclusive member of my cabin grouping and unit.
6. I will follow camp safety rules including all COVID-19 safety precautions.
7. I will wear a hat, sunscreen and appropriate footwear each day.
8. I will wash my hands frequently, especially when eating and using the bathroom.
9. I will leave all electronics (including phones) at home or on the bus.
10. I will have fun, be a good sport and have a positive attitude.



Packing List

This checklist will help you pack your camper's backpack for each camp day. It is very important that your child arrives each day with all the items on this checklist to ensure full participation in camp activities.

Insulated Lunch Bag with Ice Pack (including lunch and 2 snacks).

- Water bottle
- Sunscreen/Hat
- Face Masks (2)
- Lifejacket *If needed, bus campers will be assigned a Camp Arrowhead lifejacket to use
- 2 Bathing Suits
- 2 Towels
- Water Shoes
- Running Shoes
- Sweatshirt/hoodie

for the session on their first day.

*In order to reduce the amount of lost and found generated at camp, please clearly label all articles with the camper's name using a label or indelible marker. We will be donating any lost and found left over after each session



What's the 4-1-1? General Information

What is the camp address and phone number?

684 The Sixth Line, Innisfil, Ontario, L9S 4R6 (at the 6th line & the lake!) Summer: (705) 456-2938 Fall/Winter/Spring: (647)223-2743

When is drop off and pick up?

Drop Off: A.M. drop off is between 9:15 a.m. & 9:30 a.m.

Pick up: P.M. pick up is between 4:15 p.m. & 4:30 p.m.

In 2022 families will again have assigned pick-up/drop-off times to avoid crowding.

What if we are late in the morning dropping off at camp?

Please call/check-in at the camp office when you arrive at the camp to let us know that you have arrived. A staff member will come to pick-up your child.

What if I need to pick up my camper(s) early?

In order to minimize disruption to the camp day, parents are asked to let the office know (on the particular day) their intent for early pick up. Early pick-ups must be occur before 3:00pm each day.

Can I drop off and pick up by boat?

Yes. Please be patient and wait your turn, as we can only accommodate one boat at a time.

What if someone else needs to pick up my campers?

We ask that parents advise us by email (campoffice@camparrowhead.ca) of any non-parents who have your permission to pick up your campers.

Can I give my camper permission to walk home at the end of the day?

We request you let us know in writing that your child is allowed to walk home at the end of the camp day from camp or the bus stop.



What's the 4-1-1? General Information -2-

I have to drop something off to my child. How can I do this?

You can drop off at the office. Please refrain from entering the office. You can use the window or if the office is unattended, there will be a drop-off area on the porch. Please ensure the item is labeled clearly with your child's name.

How many periods are there a day?

There are 6 periods a day. Cabins rotate through the following activities each session: A&C, pottery, landsports, tennis, sail, canoe, kayak, water ski, water trampoline, wakeboarding, drama, dance, stand-up paddle board, and pontoon. Campers will also have a swim period every regular camp day.

How are Cabins determined?

Campers are placed in cabins according to school grade completed.

What happens on rainy days?

Rain or shine, camp is in session! We will be outdoors as much as possible. Please dress your camper appropriately. We do have covered spaces when needed.

Are there dress up days at camp?

Of course! We have several dress up days at camp and all campers are invited to participate along with our staff. Each week will be theme-oriented and dress up days will be related to the themes. We will communicate dress-up days before each session. Our first session is Hollywood Week, so be sure to get your bling ready to walk the red carpet!

Periodically, your camper will be bringing home notes letting you know how they are doing at camp, or about upcoming events. Please check your camper's backpack for notes each day. We will also be sending out emails regularly throughout the summer. Arrowhead's weekly The Word with photos and videos be posted to our website.



[How To Drop Off & Pick Up Your Camper \(By Car\)](#)

[How To Drop Off & Pick Up Your Camper by Car](#)

If you do not live close enough to camp to walk/bike, this summer we are once again asking all campers to be dropped off by car to the West Gate (driving gate). Families will not be permitted to park their cars to drop-off/pick-up by foot.

When you are picking up/dropping off your camper, please form a queue on the 6th Line and let your camper off in sequence as you approach the driving gate located on Houston Ave. Please do not get out of your car.

Counsellors will be there to help your children. Please ensure your children are ready. When you are picking up your camper by car, please form a queue on the 6th Line; a staff member will take your name and radio for your camper to be ready for you at the Main Gate. When arriving at the gate we again ask that you do not get out of your car. Counsellors will be there to help fasten campers into vehicles and car seats. Once you have dropped off/picked up your camper(s) please continue driving north on Houston Ave. to ensure a continuous and safe flow of traffic.

All families will receive detailed pick-up/drop-off procedures, including a seven-minute time-slot for your family prior to starting at camp. To reduce congestion we are implementing staggered pick-up/drop-off.

[How To Drop Off & Pick Up Your Camper by walking/biking](#)

All campers arriving/leaving camp on foot or by bike are to enter/exit the campgrounds through the South Gate (walking gate) at the end of the 6th Line.

[How To Drop Off & Pick Up Your Camper by boat](#)

Please email director@camparrowhead.ca prior to the beginning of the session to arrange.



Camp Arrowhead 2022: Just a bus ride away!

We are excited to once again to offer bussing this summer to share our amazing camp with campers in the city!

Staff members will accompany campers each day on the bus. Staff will be there to engage and care for the children on the bus ride. Our transportation partner, Attridge Coach Lines, prides itself in ensuring the safe and personal touch to alleviate any questions or apprehensions parents may have. Parents can contact Attridge dispatch (905-638-4824) at anytime to find out about route development, so communication is never an issue. In addition, new for 2022, our bus parents will all receive links to a GPS tracker to be able to see where their child's bus is and better know when it will arrive at the bus drop-off point. If your child will not be on the bus in the morning, please email campoffice@camparrowhead.ca no later than 8:00am, so we can inform our bus staff.

Although we encourage social interaction, if parents wish, campers can bring items to help entertain themselves on the bus ride (books, activities, eReaders, iPods, iPads, etc). When the campers arrive at camp, the bus counsellor will collect these items and store them in the camp office safely during the camp day. The items will be returned to the campers when they board the bus in the afternoon. Please be sure to label any items sent to camp.

Masks are required for the duration of the bus ride to and from camp for all passengers, campers and staff.

If you have any bussing related questions, please contact our Camp Director.



Bus Routes

South Bus

Bus Stop: Faywood ABC

95 Faywood Blvd, Toronto Pick-up 8:15am Drop-off 5:25pm

North Bus

Bus Stop 1: Bathurst St./Rutherford Rd. Plaza (laneway behind What a Bagel and Second Cup)

9360 Bathurst Street, Thornhill Pick-up 8:15am Drop-off 5:15pm

Bus Stop 2: Woodland Court Plaza

10815 Bathurst St, Richmond Hill Pick-up 8:25am Drop-off 5:05pm

*pick-up/drop-off times and locations will be confirmed the week before your camper(s) start camp



Camp Arrowhead 2022 Covid-19 Safety Plan

Our commitment to safety, our commitment to responsibility, our commitment to our community.

After enduring more than two years challenged by this pandemic, we can't wait to be together again with our campers, our staff and our community on the sunny shores of Lake Simcoe this summer. Camp Arrowhead is committed to implementing whichever safety procedures and policies are required to minimize health risks and to provide our campers and staff with an amazing summer camp experience in 2022.

Please familiarize our COVID-safe policies and procedures:

VACCINATION POLICY:

All eligible campers and staff (5yrs +) must be fully vaccinated (two doses) to attend Camp Arrowhead this summer. Proof of vaccination must be uploaded to your child's camper profile by June 15, 2022. Camp Arrowhead will refuse entry to any camper arriving at camp whose vaccination status is unreported. If you are unable to submit your child's proof of vaccination by the stated date, please e-mail campoffice@camparrowhead.ca to explain.

DAILY SCREENING:

We are trusting all campers and staff to complete a COVID self-screening prior to boarding buses or arriving to camp. Please help to keep our community healthy by diligently following this procedure each day. If you are symptomatic, please adhere to the monitoring and/or isolation procedures before returning to camp. Please use the [screening tool for self-assessment](#). Please be sure to report any absences to campoffice@camparrowhead.ca or call our office at 705-456-2938.

TESTING (Rapid Antigen):

If your child is symptomatic or has been a close contact of someone who has tested positive for COVID, you are encouraged to complete a rapid antigen test. Camp Arrowhead has a supply available should require. Please be sure to report any positive results to camp.



Camp Arrowhead 2022 Covid-19 Safety Plan -2-

COHORTING/DISTANCING:

We are happy to report that we will be able to gather as an entire camp while outdoors. In the event of inclement weather where campers must shelter indoors, campers will be separated into cohorts. A cohort is considered a unit group. All cabin groups in each unit (cohort) may congregate together indoors. We will not be gathering as an entire camp indoors, unless necessary for camper safety (i.e. extreme weather).

MASKS:

We recognize that everyone has their own comfort level regarding mask-wearing. At camp, mask wearing is optional in all outdoor spaces. When indoors, mask-wearing is optional when campers are gathered in their cabin or unit groups. Mask-wearing will be required in the event that cabin groups from different units are sharing an indoor space at the same time. Masks are required for the duration of the bus ride to and from camp for all passengers, campers and staff. Please ensure that your camper has 2 clean masks each day.

HAND HYGIENE AND SANITATION:

Promotion of regular, proper hand washing and hand hygiene will be implemented for all campers and staff. Enhanced cleaning and disinfecting of frequently touched surfaces, multiple times throughout the day will continue again this summer.

COVID AT CAMP?

If a camper or staff member is showing symptoms of COVID-19 during the camp day, they will be isolated and monitored by a staff member and will require immediate pick-up (bus campers showing symptoms of Covid will not be able to return home on the bus).

While our hope is that we will once again have a COVID-free summer at Arrowhead, if there is a positive case of COVID-19 detected at camp, Public Health will advise on next steps including isolating campers, cleaning and disinfection, contact tracing and disclosure procedures.



Let's Do Lunch!

Waste free Lunch Guidelines

A waste free lunch contains no throwaway packaging. Food and drinks are packed in reusable containers within a lunch bag or box. All containers are re-sealable, so that leftover food and drink can be consumed (or composted) later.

Camp Arrowhead tries to practice a 'boomerang' lunch program (all uneaten food and waste material is returned home) which reduces waste and minimizes our environmental impact.

Other lunch tips!

An occasional surprise (a sticker or special note) adds interest and enjoyment for your camper

Have your camper get involved in planning & preparing snacks and lunches to increase the likelihood of the foods being eaten!

Please label all food containers and water bottles.

If your child takes the bus to camp, please send them an additional snack for the way home. For younger campers, it is helpful to label the end of the day snack!



Let's Do Lunch! -2-

Camp Arrowhead is an allergy sensitive and aware environment.

Camp Arrowhead encourages all of our campers and families to be allergy aware when packing snacks and lunches for camp. Peanut and tree nut allergies can be severe and even fatal. Everyone's cooperation is needed to help prevent a tragedy. This means making the environment as nut-free as possible. Even a tiny amount of peanut or tree-nut particle or residue can cause a child with an allergy to have a life-threatening allergic reaction.

Read Labels Carefully. Check all ingredients. When in doubt, leave it out! For more information check out www.foodallergycanada.ca

Lunch Order Program

Our popular and healthy-option lunch order program will return this year, and will be offered Monday-Friday each week. Campers may opt in for any or all of the days.

A lunch order form will be sent to parents two weeks prior to the start of each session.



Who's Who in '22?

We are proud of our strong leadership team for the upcoming summer:

Director: Lawrence Axmith

Assistant Director: Alex Schwartzberg

Program Directors: Katie Roche and Josh Unger

Waterfront Directors: Lauren Kilbride and Corey Wachtel

Section Heads: Seth Unger (Chickadees), Tara Hofbauer (Sparrows), Grace Stratton (Hawks), Samantha Moses (CITs)

Head of Swim: Alexa Braverman

Head of Media: Joe Osborne

A Virtual “Meet The Staff” Event will take place on Sunday, July 3. Details coming soon!



Camper Briefing Request Form

You may request a conversation with our Camp Directors prior to the beginning of your child's first session at camp to share any concerns or ask any questions.

Please complete the linked form to request a camper briefing with Lawrence or Alex.

[Camper Briefing Request Form](#)